

15 December 2025 (day 1)

12.00-13.00

Lunch

13.00-13.05

Greetings and introduction

Gianluigi Savarese, Sweden

13.05-14.55

Session 1: Translating guidelines into practice: Status of, barriers to and strategies to foster GDMT implementation

Chairs: Camilla Hage, Sweden, Robin Hofmann, Sweden, & Riccardo M. Inciardi, Italy

13.05-13.15

The gap between what guidelines say and what physicians do: The status of GDMT implementation worldwide

Felix Lindberg, Sweden

13.15-13.25

Breaking down barriers: The point of view of the nephrologist on worsening renal function during GDMT

James Burton, United Kingdom

13.25-13.35

Breaking down barriers: Hyperkalemia – are we reaching a consensus for its management?

Gianluigi Savarese, Sweden

13.35-13.45

Breaking down barriers: Hypotension – when is it a real barrier?

Nicolas Girerd, France

13.45-13.55

How to secure a fast and safe initiation of GDMT in clinical practice

Alexandre Mebazaa, France

13.55-14.05

Worsening HF – which are the available weapons?

Marco Metra, Italy

14.05- 14.15

Is there any new GDMT to introduce? Challenging the DIGIT-HF and VICTOR trials

Javed Butler, USA

14.15-14.55

Round Table: Ask the experts

14.55-15.10

Coffee Break

15.10-16.30

Session 2: Treating cardio-renal-metabolic disease

Chairs: James Burton, United Kingdom, Francesco Cosentino, Sweden & Lars H. Lund, Sweden

Discussant: Raffaele Scorza, Sweden

15.10-15.20

CRM: The sizes of the problem

Christian Basile, Sweden

15.20-15.30

Mineralocorticoid receptor: An old and new target for treating CRM

Biyykem Bozkurt, USA

15.30-15.40

SGLT2i: Targeting T2DM, HF and CKD

Javed Butler, USA

15.40-15.50

GLP1Ra: Targeting T2DM, CKD, obesity and HFrEF

Mark Petrie, United Kingdom

15.50-16.30

Round Table: Ask the experts

16.30-16.50

Coffee Break

15 December 2025 (day 1)

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| 16.50-17.50 | Session 3: Iron deficiency in HF <i>Chairs: Carin Corovic-Cabrera, Sweden</i> <i>Discussant: Felix Lindberg, Sweden</i> |
| 16.50-17.00 | Iron deficiency in HF: A summary of evidence until 2024 <i>Shelley Zieroth, Canada</i> |
| 17.00-17.10 | FAIR-HF2: The last piece of evidence <i>Stefan D. Anker, Germany</i> |
| 17.10-17.20 | Any role for treating iron deficiency in HFpEF <i>Stephan von Haehling, Germany</i> |
| 17.20-17.30 | What is coming next <i>John Cleland, United Kingdom</i> |
| 17.30-17.50 | Round Table: Ask the experts |
| 17.50-18.00 | Closure of the day <i>Gianluigi Savarese, Sweden</i> |

Scientific Program

16 December 2025 (day 2 - morning)

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| 08.25-08.30 | Greetings <i>Gianluigi Savarese, Sweden</i> |
| 08.30-09.30 | Session 4: Cardiac amyloidosis <i>Chairs: Carmen Basic, Sweden & Krister Lindmark, Sweden</i> <i>Discussants: Per Eldhagen, Sweden & Riccardo M. Inciardi, Italy</i> |
| 08.30-08.40 | How to recognize a patient with cardiac amyloidosis <i>Davide Stolfo, Italy</i> |
| 08.40-08.50 | Advances in treatment: current and upcoming therapeutic options <i>Peter van der Meer, The Netherlands</i> |
| 08.50-09.00 | Cardiac amyloidosis in clinical practice: Case-based discussion <i>Antonio Cannata, United Kingdom</i> |
| 09.00-09.30 | Round Table: Ask the experts |
| 09.30-09.55 | Lecture 1: Increasing patient adherence and addressing polypharmacy in patients with HF <i>Chair: Gianluigi Savarese, Sweden; Speaker: Giuseppe Rosano, United Kingdom</i> |
| 09.55-10.15 | Coffee Break |
| 10.15-11.45 | Session 5: Not only pharmacological treatments: Devices! <i>Chairs: Bahira Shahim, Sweden, Shelley Zieroth, Canada</i> <i>Discussant: Elmir Omerovic, Sweden</i> |
| 10.15-10.25 | Primary prophylactic ICD in HF: Towards precision medicine <i>Frieder Braunschweig, Sweden</i> |
| 10.25-10.35 | CRT: When is OMT and time to proceed with implantation? <i>Wilfried Mullens, Belgium</i> |
| 10.35-10.45 | TR: A treatment target in HF? <i>Marianna Adamo, Italy</i> |
| 10.45-10.55 | Treating aortic stenosis in HFrEF: When is it too late or too early? <i>Andreas Rück, Sweden</i> |
| 10.55-11.05 | Where do we stand for the treatment of FMR? <i>Marco Metra, Italy</i> |
| 11.05-11.15 | What do the new ESC guidelines say? <i>Marianna Adamo, Italy</i> |
| 11.15-11.45 | Round Table: Ask the experts |
| 11.45-12.00 | Lecture 2: : The evolving epidemiology of HF - what does PORTHOS study teach us? <i>Chair: Riccardo M. Inciardi, Italy; Speaker: Cristina Gavina, Portugal</i> |
| 12.00-13.00 | Lunch |

Scientific Program

16 December 2025 (day 2 - afternoon)

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|-------------|---|
| 13.00-13.25 | Lecture 3: What can AI do for our HF patients? <i>Chair: Mitja Lainscak, Slovenia; Speaker: Alicia Uijl, The Netherlands</i> |
| 13.25-14.40 | Session 6: Recognizing advanced heart failure: The right timing and the right patients to refer Chairs: Oscar Braun, Sweden, Ovidiu Chioncel, Romania & Michael Melin, Sweden Discussant: Lars H. Lund, Sweden |
| 13.25-13.40 | How to manage GDMT in advanced HF <i>Federica Guidetti, Sweden</i> |
| 13.40-13.55 | Diuretic resistance in advanced HF: Prevention, recognition, and treatment strategies <i>Wilfried Mullens, Belgium</i> |
| 13.55-14.10 | Selecting the right candidates for transplant, LVAD, or palliative care <i>Benedikt Schrage, Germany</i> |
| 14.10-14.40 | Round Table: Ask the experts |
| 14.40-15.30 | Session 7: Hypertrophic cardiomyopathy <i>Chairs: Mitja Lainscak, Slovenia & Shelley Zieroth, Canada</i> |
| 14.40-14.55 | HCM uncovered: From population patterns to precision diagnosis <i>Antonio Cannata, United Kingdom</i> |
| 14.55-15.10 | Treating HCM yesterday, today, and tomorrow <i>Christian Schulze, Germany</i> |
| 15.10-15.30 | Round Table: Ask the experts |
| 15.30-16.00 | Lecture 4: Hot off the press and upcoming evidence <i>Chair: Gianluigi Savarese, Sweden; Speaker: Blykem Bozkurt, USA</i> |
| 16.00-16.05 | Closure of the day <i>Gianluigi Savarese, Sweden</i> |